
DOMESTIC VIOLENCE QUIZ
UNDERSTANDING & HANDLING DV CALLS

PACKET

6

SECTION 01

CORE CONCEPTS

QUESTION 01

THE PRIMARY FOCUS OF THIS TRAINING MATERIAL IS:

- A. Legal procedures
- B. Call-taking scripts
- C. The human element of domestic violence
- D. Arrest policies

QUESTION 02

THE MOST COMMONLY ASKED QUESTION ABOUT DOMESTIC VIOLENCE IS:

- A. Why do abusers hurt people?
- B. Why doesn't the victim leave?
- C. What laws apply?
- D. How often does it happen?

QUESTION 03

THE RECOMMENDED MINDSET TOWARD VICTIMS IS:

- A. Accountability
- B. Detachment
- C. Compassion instead of judgment
- D. Neutral observation

SECTION 02

WHY VICTIMS STAY

QUESTION 04

THE "SAFETY SEEKER" STAYS PRIMARILY BECAUSE:

- A. They enjoy abuse
- B. Fear of the unknown outweighs current conditions
- C. They lack intelligence
- D. They have no resources

QUESTION 05

A VICTIM WHO DOES NOT RECOGNIZE THEIR SITUATION AS ABUSE FALLS INTO WHICH CATEGORY?

- A. The Manager
- B. The Defender
- C. The Helpless
- D. The Blind

QUESTION 06

THE BELIEF "NO ONE ELSE WOULD EVER LOVE ME" REPRESENTS:

- A. The Martyr
- B. The Worthless
- C. The Pretender
- D. The Gullible

QUESTION 07

THE “MANAGER” BELIEVES:

- A. Abuse is unavoidable
- B. They deserve the abuse
- C. They can control or prevent future abuse
- D. They must leave immediately

QUESTION 08

WHICH CATEGORY INVOLVES BELIEVING APOLOGIES AND PROMISES TO CHANGE?

- A. The Defender
- B. The Gullible
- C. The Helpless
- D. The Fantasizer

QUESTION 09

THE BELIEF “HE DIDN’T MEAN TO HURT ME” IS ASSOCIATED WITH:

- A. The Defender
- B. The Pretender
- C. The Caretaker
- D. The Martyr

QUESTION 10

THE MOST DANGEROUS BELIEF CATEGORY INVOLVES FEAR OF BEING KILLED IF LEAVING:

- A. The Helpless
- B. The Hopeless

C. The Manager

D. The Blind

SECTION 03

ABUSER DYNAMICS

QUESTION 11

THE PRIMARY MOTIVATION BEHIND ABUSIVE BEHAVIOR IS:

A. Anger

B. Stress

C. Power and control

D. Substance abuse

QUESTION 12

DOMESTIC VIOLENCE IS CONSIDERED:

A. Genetic

B. A learned behavior

C. Caused by mental illness

D. Random

QUESTION 13

WHICH OF THE FOLLOWING IS NOT A CAUSE OF DOMESTIC VIOLENCE?

A. Alcohol

B. Stress

- C. Victim behavior
- D. Desire for control

QUESTION 14

A KEY PRINCIPLE STATED IN THE BOOK IS:

- A. Victims contribute to violence
- B. Both parties share equal blame
- C. Victims do not cause violence
- D. Violence is situational

SECTION 04

CHARACTERISTICS OF ABUSERS

QUESTION 15

A COMMON TRAIT OF ABUSERS IS:

- A. High empathy
- B. Need for control
- C. Strong accountability
- D. Low emotional expression

QUESTION 16

WHICH BEHAVIOR INDICATES MANIPULATION OF THE SYSTEM?

- A. Seeking counseling
- B. Accepting responsibility

- C. Making false reports about the victim
- D. Avoiding police

QUESTION 17

ABUSERS OFTEN MINIMIZE VIOLENCE BY SAYING:

- A. "She bruises easily"
- B. "It was my fault"
- C. "I need help"
- D. "I need counseling"

SECTION 05

INTERVENTION & TREATMENT

QUESTION 18

WHO IS RESPONSIBLE FOR STOPPING ABUSIVE BEHAVIOR?

- A. The victim
- B. The system
- C. The counselor
- D. The abuser

QUESTION 19

A KEY INDICATOR OF REAL CHANGE IN AN ABUSER IS:

- A. Apologizing frequently
- B. Accepting responsibility for behavior
- C. Buying gifts

D. Avoiding conflict

QUESTION 20

COUPLES COUNSELING IN VIOLENT RELATIONSHIPS IS:

- A. Recommended
- B. Sometimes effective
- C. Not effective and may increase danger
- D. Required

SECTION 06

SAFETY & RISK AWARENESS

QUESTION 21

MOST HOMICIDES OCCUR:

- A. Within three months of leaving
- B. After arrest
- C. During arguments
- D. During counseling

QUESTION 22

CHILDREN EXPOSED TO DOMESTIC VIOLENCE:

- A. Are unaffected
- B. Only affected physically
- C. Experience emotional and psychological harm
- D. Adapt quickly

QUESTION 23

A KEY SAFETY STRATEGY DURING VIOLENCE IS:

- A. Confront the abuser
- B. Stay in the kitchen
- C. Call friends first
- D. Move to a safer area with exits and no weapons

SECTION 07
TRUE / FALSE

QUESTION 24

DOMESTIC VIOLENCE IS CAUSED BY ALCOHOL AND DRUGS.

- A. True
- B. False

QUESTION 25

ABUSERS COME FROM ALL BACKGROUNDS AND SOCIOECONOMIC LEVELS.

- A. True
- B. False

QUESTION 26

VICTIMS SHOULD BE JUDGED BASED ON THEIR CHOICES.

- A. True
- B. False

QUESTION 27

ABUSE TYPICALLY DECREASES OVER TIME WITHOUT INTERVENTION.

- A. True
- B. False

SECTION 08
SHORT ANSWER

QUESTION 28

WHY IS COMPASSION EMPHASIZED OVER JUDGMENT IN DOMESTIC VIOLENCE CALLS?

Short Answer:

QUESTION 29

WHAT ARE TWO MANIPULATION TACTICS USED BY ABUSERS?

Short Answer:

QUESTION 30

WHY IS LEAVING AN ABUSIVE RELATIONSHIP CONSIDERED HIGH RISK?

Short Answer: