



SKILLS EXERCISE • FOUR GAMES

DEXTERITY EXERCISES

Four exercises that will challenge your mind — listening, following specific directions, quick thinking, manual dexterity and memory. Each one is different, and each one is **progressively harder**.

Stop when you hear the tone and wait for instructions.

GOOD LUCK.

9-1-1 CAREER TRAINING

A DIVISION OF PROFESSIONAL PRIDE, INC.

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ANSWER KEY

TRAINER USE ONLY · FINISHED CARD LAYOUTS

A		U
R	B	
U	R	A
		B

GAME ONE

FACE DOWN

- Row 1 — 1
- Row 2 — 4
- Row 3 — None
- Row 4 — 10, 2

A		U	R
B		U	R
A	10		B

GAME TWO

FACE DOWN

- Row 1 — 1
- Row 2 — 4
- Row 3 — 2

		B	A	
	U	R	A	
1		U		
	R		B	

GAME THREE

FACE DOWN

- Row 1 — 10
- Row 2 — None
- Row 3 — 4
- Row 4 — 2

May be reversed depending on how the Dispatcher perceives "next to."

U	R	A	
	U	R	
B		A	
	B		

GAME FOUR

FACE DOWN

- Row 1 — 1
- Row 2 — None
- Row 3 — 4, 10
- Row 4 — 2

TRAINER SCRIPT

READ ALOUD · FOUR SETS

AUDIO TRACK Dexterity.wav

This game is designed to practice listening to and following specific directions, quick thinking, manual dexterity and memory. There are four exercises. Stop the exercise when you hear the tone and wait for instructions.

SET 1. Hand each Dispatcher the twelve cards. Read at a steady, even pace.

- You will have in front of you a stack of cards. Gather the cards and hold them in your hands.
- Place the letter B on the table.
- Place the letter A above the B.
- Find the R card, place it to the left of the letter A.
- Find the #4 and place it above the A, face down.
- Place the second letter B next to and left of the blank card.
- Locate the #1, place it above the top letter B.
- Find the U and put it next to the letter R, face down.
- Above that blank card, place the second letter R.
- Place the A in the upper left-hand corner of the square, next to the #1.
- Put the U in the first row, third position.
- Turn over the one.
- Take the #2, put it below the R and to the left of the B, face down.
- There is a card in the first row, third position, face down — turn it over.
- You have a #10 in your hand; put it face down next to the blank card in the bottom row.

***** TONE ***** That's all this time. Have the Trainer check the cards and answer #1 on the answer sheet. Stop until you are ready for Game 2.

SET 2. During this exercise you may either hold the cards or place them on the table — the choice is yours. These instructions will proceed faster than the first set.

- Locate the letter B and place it in the lower right-hand corner of an imaginary square.
- Locate the R and place it above the B.
- Find the #2 and place it to the left of the B, face down.
- Place the 10 next to the blank card.
- Find a U card and place it to the left of the R.

- Locate the 4 and place it above the 10.
- Place an A next to the 10.
- Place the second U above the first.
- Turn over the 4 card.
- Place the remaining letter B above the letter A.
- Place the second letter R in the fourth position.
- Place the #1 above the blank, face down.
- Place the remaining card above the B.

***** TONE ***** Have the Trainer check the cards and answer #2 on the answer sheet. Begin when you are ready for Game 3.

SET 3. During this exercise you may arrange the cards any way you wish — any order, laid down or picked up. These instructions combine several steps to test your ability to recall.

- Place the B and the A card next to one another, with the B on the left.
- Place the R below the B and a U below that.
- Place the second A below the first A, and the 10 next to the top A, face down.
- Find the second R and place it below the U, with the 2 and B next to the R. Be sure the 2 is between the R and the B, and that the 2 is face down.
- Place the final U next to the top R, the 4 below the U face down, and the 1 to the left of the 4.

***** TONE ***** Have the Trainer check the cards and answer #3 on the answer sheet. Begin when you are ready for Game 4.

SET 4 — FULL MOON FRIDAY NIGHT. Your final game. The instructions will be fast and furious. Don't give up.

- Pick the cards up and hold them in your hands.
- You will be placing four cards in the top row — the U, R, A and #1, in that order, with the #1 face down.
- In the next row place only two cards, the U and the R. Place the U below the R and the R below the A.
- Below the bottom U place the #4 face down, and below that place a B.
- Place the remaining B to the left of the #4, the A to the right of the #4, and the #10 to the right of the A, face down.
- You have a #2 in your hand; place it face down to the right of the B.

***** TONE ***** If anyone was able to finish this set, have the Trainer check the cards. Answer #4 on the answer sheet.

ANSWER SHEET

DISPATCHER

NAME _____

Record the identity of the blank cards in each row. Write **None** if there are no blank cards in that row.

GAME ONE

ROW 1 _____
ROW 2 _____
ROW 3 _____
ROW 4 _____

GAME TWO

ROW 1 _____
ROW 2 _____
ROW 3 _____

GAME THREE

ROW 1 _____
ROW 2 _____
ROW 3 _____
ROW 4 _____

GAME FOUR

ROW 1 _____
ROW 2 _____
ROW 3 _____
ROW 4 _____

CUT-OUT CARDS

SHEET 1 OF 2 · CUT ON THE DASHED LINES · TWELVE CARDS PER DISPATCHER

A

9-1-1 DEXTERITY

A

9-1-1 DEXTERITY

B

9-1-1 DEXTERITY

B

9-1-1 DEXTERITY

R

9-1-1 DEXTERITY

R

9-1-1 DEXTERITY

CUT-OUT CARDS

SHEET 2 OF 2 · CUT ON THE DASHED LINES · TWELVE CARDS PER DISPATCHER



U

9-1-1 DEXTERITY



U

9-1-1 DEXTERITY



1

9-1-1 DEXTERITY



2

9-1-1 DEXTERITY



4

9-1-1 DEXTERITY



10

9-1-1 DEXTERITY